

Tasc practice tests Study Guide

TASC Practice Tests: Your Ultimate Guide to Success

Preparing for the Test Assessing Secondary Completion (TASC) can be a challenging journey, but the right resources and strategies can significantly boost your confidence and performance. Among these resources, **TASC practice tests** stand out as essential tools that help familiarize you with the exam format, improve your time management, and identify areas that need improvement. In this comprehensive guide, we'll explore everything you need to know about TASC practice tests, including their importance, how to choose the best ones, and effective strategies for using them to maximize your results.

What Are TASC Practice Tests?

Understanding the Purpose of Practice Tests

TASC practice tests are simulated exams designed to mimic the actual TASC assessment. They provide an opportunity for test-takers to experience the types of questions they will encounter, practice answering under timed conditions, and assess their readiness for the real exam.

Why Are Practice Tests Important?

Practice tests are a cornerstone of effective exam preparation for several reasons:

- **Familiarization:** They help you understand the format, question types, and instructions of the TASC exam.
- **Skill Assessment:** They allow you to identify your strengths and weaknesses across different subject areas.
- **Time Management:** They train you to allocate your time efficiently during the actual test.
- **Confidence Building:** Repeated practice reduces anxiety and boosts confidence.

Components of the TASC Exam and Corresponding Practice Tests

The TASC exam comprises five core subject areas:

1. Reading

Questions assess comprehension, vocabulary, and analytical skills based on various texts.

2. Writing

This section evaluates your ability to produce clear, coherent essays and improve sentences.

3. Mathematics

Covers basic math, algebra, geometry, and data analysis.

4. Science

Focuses on understanding scientific concepts and interpreting data.

5. Social Studies

Includes questions on history, geography, civics, and economics.

For each section, specialized practice tests are available to help you target specific skills.

How to Choose the Best TASC Practice Tests

Selecting high-quality practice tests is crucial to effective preparation. Consider the following factors:

1. Official Sources

Opt for practice tests developed or endorsed by official testing organizations, such as the TASC test administrators or educational publishers affiliated with the exam.

2. Realistic Content and Format

Ensure the practice tests mirror the actual exam's question types, difficulty level, and timing constraints.

3. Comprehensive Coverage

Choose tests that cover all sections of the TASC to provide a complete preparation experience.

4. Detailed Answer Explanations

Good practice tests provide explanations for answers, helping you understand your mistakes and learn from them.

5. Accessibility and Convenience

Select practice tests that are easy to access, whether online or in print, and fit your study schedule.

Top Resources for TASC Practice Tests

Here are some recommended sources for high-quality practice tests:

1. Official TASC Practice Tests

- Offered by the official test administrator.
- Available in print and digital formats.
- Include full-length practice exams with scoring guides.

2. Educational Publishers

- Companies like McGraw Hill, Kaplan, and Barron's publish practice books.
- Often include online practice tests and interactive quizzes.

3. Free Online Resources

- Websites like Mometrix, Test-Guide, and Union Test Prep offer free practice questions and tests.
- Useful for supplementary practice.

4. Community and Adult Education Centers

- Many offer free or low-cost practice exams as part of preparatory courses.

Strategies for Effective Use of TASC Practice Tests

Simply taking practice tests is not enough; you need a strategic approach to maximize their benefits.

1. Set a Realistic Schedule

- Plan regular practice sessions leading up to your exam date.

- Gradually increase the difficulty and length of practice tests.

2. Simulate Test Conditions

- Take practice tests under timed, distraction-free environments.
- Use the same tools allowed during the actual exam (e.g., calculator, scratch paper).

3. Analyze Your Results Thoroughly

- Review your answers, especially incorrect ones.
- Understand why you made mistakes and how to avoid them in the future.

4. Focus on Weak Areas

- Dedicate extra practice time to subjects or question types where you perform poorly.

5. Track Your Progress

- Keep a journal of practice scores and areas of improvement.
- Celebrate milestones to stay motivated.

6. Incorporate Review and Learning

- Use answer explanations to deepen your understanding.
- Supplement practice tests with targeted study sessions.

Tips for Maximizing Your TASC Practice Test Performance

- Start Early: Begin practicing well in advance of your test date to allow ample time for improvement.
- Stay Consistent: Regular practice helps reinforce learning and build stamina.
- Use Multiple Resources: Combine official practice tests with other study materials for a comprehensive review.
- Maintain a Healthy Routine: Ensure adequate sleep, nutrition, and stress management leading up to your test.

- Seek Support: Join study groups or work with tutors if you need personalized guidance.

Conclusion

TASC practice tests are invaluable tools that can significantly improve your chances of passing the exam on your first attempt. By choosing high-quality practice resources, adopting effective study strategies, and maintaining a disciplined schedule, you can approach the TASC with confidence and competence. Remember, consistent practice, thorough review, and a positive mindset are key ingredients to success. Prepare thoroughly, and you'll be well on your way to achieving your educational and career goals with a high score on the TASC.

TASC Practice Tests: Your Ultimate Guide to Mastering the Test

Preparing for the Test Assessing Secondary Completion (TASC) can be a daunting task, especially with the variety of content and skills it assesses. One of the most effective ways to ensure you're ready is by utilizing TASC practice tests. These practice exams serve as a mirror to the real test, offering invaluable insights into your strengths and weaknesses, and helping you develop a strategic approach to test day. In this comprehensive guide, we will explore everything you need to know about TASC practice tests ? their importance, types, best practices for usage, and how they can elevate your performance.

Understanding the Importance of TASC Practice Tests

Why Practice Makes Perfect

The TASC is designed to evaluate a range of academic skills, including reading, writing, mathematics, science, and social studies. While studying textbooks and reviewing content is crucial, taking practice tests replicates the actual test environment, providing several key benefits:

- Familiarity with Test Format: Understanding the layout, types of questions, and time constraints reduces anxiety and boosts confidence.
- Assessment of Knowledge Gaps: Identifying specific areas where you struggle allows targeted review and improvement.
- Development of Test Strategies: Practicing helps you refine skills like time management, educated guessing, and question prioritization.
- Building Stamina and Focus: Repeated practice conditions your mind for sustained concentration during the real exam.

Research-Backed Benefits

Studies have shown that students who engage in regular, structured practice tests improve their performance significantly compared to those who rely solely on content review. Practice tests enhance:

- Test-taking endurance
- Critical thinking skills
- Confidence levels
- Overall comprehension of subject matter

Types of TASC Practice Tests

Official Practice Tests

The most reliable resource comes from official sources such as the TASC testing organization or accredited educational providers. These practice exams closely mirror the actual test's format, question types, and scoring system. They are often available in:

- Printed booklets
- Online simulations
- Mobile apps

Advantages:

- Accurate representation of the real exam
- Authentic question styles and difficulty levels
- Clear scoring rubrics

Examples:

- TASC Practice Tests from the official testing website
- Test prep books published by reputable providers like McGraw-Hill or Kaplan

Unofficial Practice Tests and Resources

While not created or endorsed by the official testing body, many third-party resources offer practice tests, often with additional explanations and strategies. These include:

- Educational websites
- Prep courses
- Free online quizzes
- Mobile apps

Advantages:

- Extra practice opportunities
- Variety of question formats
- Often more accessible and free

Caution: Always verify the credibility of unofficial sources to ensure the questions are relevant and of high quality.

How to Effectively Use TASC Practice Tests

Creating a Practice Schedule

Consistency is key to mastering the TASC. Developing a structured schedule helps embed practice into your routine. Consider the following steps:

- Set specific goals for each session (e.g., improve math accuracy or reading comprehension).
- Allocate time for full-length practice exams and targeted skill drills.
- Balance practice across all subject areas to ensure comprehensive preparation.
- Track progress and adjust your schedule based on performance.

Simulating Test Conditions

For maximum benefit, approach practice tests as close to real test conditions as possible:

- Take the test timed to simulate actual constraints.
- Find a quiet, distraction-free environment.
- Use only allowed materials (e.g., calculator, scratch paper).
- Avoid interruptions during practice sessions.

Analyzing Your Results

Post-test analysis is crucial for improvement:

- Review every question, especially those you answered incorrectly.
- Identify patterns in mistakes (e.g., misreading questions, calculation errors).
- Focus on understanding why you missed questions, not just the correct answers.
- Use official answer keys and explanations to clarify misconceptions.

Leveraging Practice Tests for Targeted Study

Based on your analysis:

- Prioritize studying content areas where you perform poorly.
- Practice specific question types that challenge you.
- Develop strategies for common question formats.

Best Practices for Maximizing TASC Practice Tests

- Start Early: Begin practicing well before your exam date to allow ample time for review and improvement.
- Use Multiple Resources: Combine official practice tests with supplementary materials for a well-rounded preparation.
- Simulate Real Conditions: Replicate test timing, environment, and procedures.
- Review, Review, Review: Never skip analyzing your results; understanding mistakes is vital.
- Track Your Progress: Maintain a log of scores to monitor improvements and identify persistent weaknesses.
- Seek Feedback: If possible, work with tutors or educators to review difficult questions and clarify concepts.
- Adjust Your Study Plan: Use your practice test results to refine your study focus and methods.

Common Challenges and How Practice Tests Help Overcome Them

- Time Management: Practice tests train you to allocate appropriate time to each section, reducing the risk of running out of time.
- Question Interpretation: Repeated exposure to question wording improves comprehension and reduces misunderstandings.
- Stress and Anxiety: Familiarity with the test environment and question types diminishes test-day nerves.
- Content Gaps: Regular testing highlights areas needing review, ensuring comprehensive knowledge.

Additional Tips for Using Practice Tests Effectively

- **Avoid Over-Reliance:** While practice tests are invaluable, they should complement, not replace, content review.
- **Use as a Learning Tool:** Treat each test as an educational experience rather than just an assessment.
- **Mix Practice Modes:** Alternate between full-length tests and shorter quizzes to diversify your preparation.
- **Stay Positive and Persistent:** Progress may be gradual; maintain a growth mindset and keep practicing.

Conclusion: Your Path to TASC Success

In the journey toward earning your high school equivalency credential, TASC practice tests are your most powerful allies. They provide realistic preparation, build confidence, and help you develop the skills necessary for success. By strategically incorporating practice exams into your study plan, analyzing your results diligently, and addressing your weaknesses, you set yourself up for a favorable outcome. Remember, consistent effort, combined with the right resources and strategies, transforms the daunting prospect of the TASC into an achievable milestone. Embrace practice tests as a vital component of your preparation and watch your scores—and your confidence—rise.

Question What are TASC practice tests and why are they important? TASC practice tests are simulated exams designed to help students prepare for the Test Assessing Secondary Completion. They are important because they familiarize students with the exam format, identify areas for improvement, and boost confidence for the actual test. **Where can I find free TASC practice tests online?** You can find free TASC practice tests on official educational websites, adult education programs, and reputable test prep platforms like edHelper, Mometrix, and TestPrep-Online that offer sample questions and full-length practice exams. **How should I use TASC practice tests to maximize my preparation?** Use TASC practice tests to simulate real exam conditions, review your answers thoroughly to understand mistakes, track your progress over time, and focus on weak areas to improve your overall score. **Are TASC practice tests similar to the actual exam in terms of format and difficulty?** Yes, TASC practice tests are designed to closely mimic the format, question types, and difficulty level of the actual exam, helping test-takers become comfortable and confident on test day. **How often should I take practice tests before the TASC exam?** It's recommended to take full-length practice tests at regular intervals, such as every 2-3 weeks, to monitor progress, adjust study strategies, and build endurance for the actual exam. **Can taking multiple practice tests help improve my TASC scores?** Absolutely. Repeatedly practicing with tests helps reinforce knowledge, improve time management skills, and reduce test anxiety, all of which can lead to higher scores on the actual TASC exam.

Related keywords: TASC exam, TASC practice questions, TASC prep, TASC study guide, TASC test tips, TASC sample tests, TASC mock exams, TASC preparation, TASC practice materials, TASC test prep

Tasc Formula Sheet

tasc formula sheet is an essential resource for individuals preparing for the Texas Assessment of Academic Skills (TASC) exam. Whether you're a student aiming to pass the test or an adult learner seeking to improve your academic skills, having a comprehensive and well-organized TASC formula sheet can significantly enhance your study sessions. In this article, we will explore what a TASC formula sheet is, its importance, key formulas across different subject areas, tips for creating an effective formula sheet, and how to utilize it efficiently during your exam preparation.

Understanding the TASC Formula Sheet

What Is a TASC Formula Sheet?

A TASC formula sheet is a condensed compilation of essential mathematical, scientific, and language rules, formulas, and concepts that are frequently tested on the TASC exam. It serves as a quick-reference guide, helping test-takers recall critical information without memorizing every detail. The formula sheet typically covers areas such as mathematics, science, and language arts, tailored to the content outlined in the TASC test standards.

Why Is the TASC Formula Sheet Important?

- Enhances Memory Recall: Having formulas and rules at your fingertips reduces cognitive load during the exam.
- Boosts Confidence: Quick access to necessary information can alleviate anxiety and build confidence.
- Improves Efficiency: Speeds up problem-solving by minimizing the time spent recalling formulas.
- Supports Effective Study: Creating a formula sheet during preparation reinforces learning and identifies knowledge gaps.

Key Components of a TASC Formula Sheet

A well-structured TASC formula sheet should include information across the test's main sections:

Mathematics

- Algebra formulas
- Geometry formulas
- Number operations and properties
- Data analysis and probability

Science

- Basic physics formulas
- Chemistry principles
- Biological concepts
- Scientific notation and conversions

Language Arts

- Grammar rules
- Punctuation guidelines
- Writing structure tips

Below are detailed lists of essential formulas and rules for each area.

Mathematics Formulas for the TASC

Algebra Formulas

- **Slope of a line:** $m = \frac{y_2 - y_1}{x_2 - x_1}$
- **Linear equation (slope-intercept form):** $y = mx + b$
- **Quadratic formula:** $x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$
- **Factoring quadratic equations:** Find two numbers that multiply to (ac) and add to (b)
- **Exponent rules:**
 - $a^m \times a^n = a^{m+n}$
 - $\frac{a^m}{a^n} = a^{m-n}$
 - $(a^m)^n = a^{mn}$

Geometry Formulas

- **Perimeter of a rectangle:** $P = 2(l + w)$
- **Area of a rectangle:** $A = l \times w$
- **Area of a triangle:** $A = \frac{1}{2} \times b \times h$
- **Circumference of a circle:** $C = 2\pi r$
- **Area of a circle:** $A = \pi r^2$
- **Pythagorean theorem:** $a^2 + b^2 = c^2$

Number Operations and Properties

- **Order of operations:** PEMDAS (Parentheses, Exponents, Multiplication/Division, Addition/Subtraction)
- **Properties of numbers:**
 - Commutative: $a + b = b + a$, $a \times b = b \times a$
 - Associative: $(a + b) + c = a + (b + c)$, $(a \times b) \times c = a \times (b \times c)$
 - Distributive: $a(b + c) = ab + ac$

Data Analysis and Probability

- **Mean (average):** $\frac{\text{Sum of values}}{\text{Number of values}}$
- **Median:** Middle value when data is ordered
- **Mode:** Most frequently occurring value
- **Probability of an event:** $P = \frac{\text{Number of favorable outcomes}}{\text{Total outcomes}}$

Science Formulas and Concepts for the TASC

Physics Basics

- **Speed:** $v = \frac{d}{t}$ (distance over time)
- **Force (Newton's Second Law):** $F = ma$ (force = mass $\times$ acceleration)
- **Work:** $W = F \times d$ (force $\times$ distance)
- **Power:** $P = \frac{W}{t}$ (work over time)

Chemistry Principles

- **Density:** $\rho = \frac{m}{V}$ (mass over volume)
- **Periodic table groups and periods**
- **States of matter:** solid, liquid, gas
- **Acids and bases:** pH scale (0-14), acids 7

Biology Concepts

- **Cell theory:** All living things are made of cells
- **Genetics:** DNA carries genetic information
- **Photosynthesis:** $6\text{CO}_2 + 6\text{H}_2\text{O} \rightarrow \text{C}_6\text{H}_{12}\text{O}_6 + 6\text{O}_2$
- **Human body systems:** Circulatory, respiratory, digestive, nervous, skeletal

Scientific Notation and Conversions

- **Scientific notation:** $a \times 10^n$, where $1 \leq a$
- **Conversions:**
 - 1 km = 1000 m
 - 1 cm = 0.01 m
 - 1 g = 1000 mg

Language Arts Rules and Tips for the TASC

Grammar and Punctuation

- **Subject-verb agreement:** Singular subjects require singular verbs; plural subjects require plural verbs
- **Common punctuation marks:**
 - Period (.) ends sentences
 - Comma (,) separates items in a list
 - Semicolon (;) connects related independent clauses
 - Colon (:) introduces lists or explanations

- Quotation marks (??) enclose direct speech
- **Common sentence structures:** Simple, compound, complex sentences

Writing Tips

- Plan your writing before starting to organize ideas
- Use clear and concise language
- Check grammar and punctuation carefully
- Use transitions to connect ideas smoothly
- Review your work for spelling and accuracy

Creating Your Own TASC Formula Sheet

Developing a personalized formula sheet can be a powerful study tool. Here are steps to create an effective one:

TASC Formula Sheet: An In-Depth Review and Analysis

The TASC Formula Sheet is an essential resource for many test-takers preparing for the Test Assessing Secondary Completion (TASC) exam. As an alternative to high school diplomas in some states, the TASC exam evaluates a student's proficiency in core subject areas, including reading, writing, mathematics, science, and social studies. To succeed, examinees often rely heavily on formula sheets, which serve as condensed repositories of essential formulas, definitions, and concepts. This article provides a comprehensive analysis of the TASC formula sheet, exploring its structure, content, utility, and potential areas for improvement.

Understanding the Purpose of the TASC Formula Sheet

The primary goal of the TASC formula sheet is to streamline the test preparation process by consolidating crucial mathematical and scientific formulas into a single, accessible document. It acts as a quick reference guide, reducing cognitive load during the exam and enabling test-takers to focus on problem-solving rather than memorization. This resource is particularly valuable given the breadth of topics covered on the exam, which span multiple disciplines and require familiarity with numerous formulas.

Structure and Content of the TASC Formula Sheet

The TASC formula sheet is typically provided as part of the official test materials or as a downloadable resource. Its structure is organized by subject area, with clear headings and

categorized formulas for ease of reference.

Mathematics Section

The math formula sheet generally includes:

- Algebraic Formulas:
 - Quadratic formula: $x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$
 - Slope-intercept form of a line: $y = mx + b$
 - Point-slope form: $(y - y_1 = m(x - x_1))$
- Geometry Formulas:
 - Area of a rectangle: $(A = lw)$
 - Area of a triangle: $(A = \frac{1}{2}bh)$
 - Area of a circle: $(A = \pi r^2)$
 - Circumference of a circle: $(C = 2\pi r)$
- Trigonometry Basics:
 - SOH-CAH-TOA ratios
 - Pythagorean theorem: $(a^2 + b^2 = c^2)$
- Statistics & Probability:
 - Mean, median, mode formulas
 - Probability basics
- Conversions:
 - Fraction, decimal, and percentage conversions
 - Common unit conversions (e.g., inches to centimeters)

Science Section

The science formula sheet covers fundamental equations and concepts, including:

- Physics:
 - Newton's second law: $(F = ma)$

- Kinetic energy: $\left(KE = \frac{1}{2} mv^2 \right)$
- Potential energy: $\left(PE = mgh \right)$
- Ohm's law: $\left(V = IR \right)$

- Chemistry:
 - Ideal gas law (simplified): $\left(PV = nRT \right)$
 - Basic atomic structure concepts

- Biology and Earth Science:
 - No specific formulas, but key definitions and concepts are summarized.

Social Studies and Reading

While these sections do not typically contain formulas, the sheet may include key historical dates, economic formulas, or geographic data summaries.

Utility and Effectiveness of the TASC Formula Sheet

The value of the TASC formula sheet lies in its capacity to:

- Save Time: By providing quick access to formulas, students can spend more time analyzing problems rather than recalling formulas from memory.
- Reduce Anxiety: Familiarity with the formulas can boost confidence during the exam.
- Standardize Preparation: The sheet ensures all examinees have access to the same key information, promoting fairness.

However, its effectiveness depends heavily on how well students understand and can apply the formulas listed. Merely memorizing formulas without grasping their application limits the utility of the sheet.

Limitations and Challenges

While the TASC formula sheet is an invaluable aid, several challenges and limitations are worth noting:

Memory vs. Application

- The sheet provides formulas but not problem-solving strategies.
- Students must understand when and how to apply each formula correctly.

Incomplete Content

- The sheet typically summarizes fundamental formulas but does not cover advanced topics or derivations.
- Some students might find that additional resources are necessary for complex problems.

Dependence Risks

- Over-reliance on the sheet may hinder mastery of underlying concepts.
- In scenarios where the sheet is not allowed, students must be prepared to recall formulas from memory.

Accessibility and Quality

- Variations in the quality and comprehensiveness of the sheets available online can lead to inconsistent preparation.
- Some unofficial versions may contain errors or omissions.

Best Practices for Using the TASC Formula Sheet Effectively

To maximize the benefits of the formula sheet, students should incorporate the following strategies:

- Familiarize Early: Review the sheet thoroughly during preparation to become comfortable with its layout and content.
- Practice Problems: Use practice tests to apply formulas in real-world scenarios, reinforcing understanding.
- Create Personalized Notes: Supplement the official sheet with personalized notes or flashcards highlighting common problem types.
- Understand Concepts: Focus on understanding the underlying concepts behind each formula rather than rote memorization.
- Time Management: Develop a strategy for quickly locating formulas during the exam.

Potential for Future Improvements and Resources

As the TASC exam evolves, so too should the formula sheet. Suggestions for enhancement include:

- Interactive Digital Sheets: Incorporate clickable links or embedded tutorials to explain each formula's use.
- Sample Problems: Include example questions next to each formula for contextual understanding.
- Multimedia Resources: Supplement the sheet with video explanations or interactive quizzes.

Many online platforms and educational publishers offer tailored TASC prep materials that include detailed formula sheets, practice questions, and instructional videos, providing a more comprehensive preparation package.

Conclusion

The TASC Formula Sheet stands as a cornerstone resource for many test-takers aiming for success on the TASC exam. Its structured compilation of key formulas across math and science disciplines is designed to aid quick recall and reduce test anxiety. While its utility is undeniable, the sheet's effectiveness hinges on the user's understanding of core concepts and problem-solving strategies. To leverage its full potential, students should integrate the formula sheet into a broader study plan that emphasizes conceptual mastery, practice, and strategic exam techniques. As the landscape of standardized testing continues to evolve, so too should the resources supporting test-takers, making the TASC formula sheet an adaptable, vital component of effective preparation.

Question What is the TASC formula sheet and why is it important? The TASC formula sheet is a compilation of essential mathematical formulas and concepts used for the TASC (Test Assessing Secondary Completion) exam. It helps test-takers quickly reference key formulas, improving efficiency and accuracy during the test. **Where can I find the official TASC formula sheet?** The official TASC formula sheet is available on the official TASC testing website or through authorized test prep resources. It's advisable to use the official sheet to ensure accuracy and adherence to exam guidelines. **Does the TASC exam provide a formula sheet during the test?** Yes, the TASC exam provides a formula sheet for certain sections, such as mathematics. However, it's recommended to familiarize yourself with the formulas beforehand to save time during the exam. **What topics are covered in the TASC formula sheet?** The TASC formula sheet typically covers topics including algebra, geometry, basic trigonometry, and arithmetic formulas, providing essential tools for solving mathematical problems on the test. **How can I effectively use the TASC formula sheet during my preparation?** You can review and memorize key formulas from the TASC formula sheet, practice solving problems using these formulas, and simulate test conditions to become comfortable referencing the sheet efficiently. **Are there any tips for memorizing formulas from the TASC formula sheet?** Yes, tips include creating flashcards, practicing with sample problems, grouping formulas by topic, and regularly reviewing the formulas to reinforce your memory and

understanding. Can I bring my own TASC formula sheet to the exam? No, the TASC exam provides an official formula sheet, and bringing your own is generally not allowed unless specified by the testing center. Always check the test policies beforehand. How does understanding the TASC formula sheet improve my math score? A solid understanding of the formulas on the TASC sheet enables you to quickly solve problems, reduce errors, and save time, all of which can lead to a higher score on the math section. Are there online resources to help me learn the TASC formula sheet? Yes, many online platforms offer practice worksheets, tutorials, and downloadable versions of the TASC formula sheet to aid your preparation and mastery of key formulas.

Related keywords: TASC test, TASC practice test, TASC math formulas, TASC science formulas, TASC reading tips, TASC preparation, TASC study guide, TASC test tips, TASC exam essentials, TASC formula sheet download

Read the full article online: [TASC FORMULA SHEET](#)